

EVERGREEN THERAPY & MORNINGSIDE THERAPY PRESENT

WARRIOR WOMEN

Becoming your Best Self

A full-day intensive personal development workshop for likeminded women in a supportive, interactive environment. Hands-on coaching and feedback provided by two self-improvement and relationship experts: Dr. Denise Fournier and Dr. Olivia Schlapfer Colmer.

IF YOU WANT TO . . .

- Deepen your relationship with yourself and others
- Connect with other warrior women who share similar experiences
- Gain self-awareness and self-confidence
- Learn the secrets to getting the life you want
- Remove barriers in the way of your personal and professional success

. . . this workshop is for you!

POSSIBLE GROUP TOPICS:

- Discovering how to get out of "stuck" patterns for good
- Embracing your sexuality
- Learning to say no to others as a way to say yes to yourself
- Loving and trusting yourself like never before
- Creating the vision for your best life, and turning it into reality

Saturday, April 22nd

10:00 a.m. to 5:00 p.m. \$250.

The Lincoln Building
169I Michigan Avenue, Suite 510
Miami Beach, FL 33139

Call to reserve your spot! Spaces are limited.



Denise Fournier, Ph.D., LMHC
305-814-4863
denise@evergreen-therapy.com

Olivia Schlapfer Colmer, Ph.D., LMFT
305-299-9490
info@morningsidetherapy.com

"She who looks outside dreams ... She who looks inside awakens"
~ Carl Jung

CALL OR TEXT
305 814 4863 OR 305 299 9490



EVERGREEN
• THERAPY •



MORNINGSIDE
THERAPY